

THE PERFORMANCE ROOM

1) Review what's worked in helping you be ready to deliver high performance in a new role

My starting point /10 (your rating at the start of the plan)	/10
My ending point /10 (your rating for the end of the plan)	/10

		Impact (0-10)	
Weeks 1 & 2	Take aim and connect		
Weeks 3 & 4	Becoming an expert		
Weeks 5 & 6	Solid foundations		
Weeks 7 & 8	Strengths trading		
Weeks 9 & 10	Regular habits for success		

2) My 'super plan'

Over the next two weeks, I'll be practicing:		
Focus area	What	When
Take aim and connect		
Becoming an expert		
Solid foundations		
Strengths trading		
Regular habits for success		

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3) My practice schedule

Get it in the dairy now!

Who else do I need to speak to:

1.	
2.	
3.	
4.	
5.	